

## 2) Lesson Plans

2-3 February

Oldonyosambu Theological College

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# REVIEW














## Facilitator

- Engage learners in the text.



**Facilitator:** “someone who helps to bring about an outcome (such as learning, productivity, or communication) by providing indirect or unobtrusive assistance, guidance, or supervision”

## Developmental Characteristics of Children and Youth

	Biological Development	Cognitive Development	Social/Emotional Development	Faith Development <u>(Stages of Faith Summary)</u>
<b>Birth to Age 2</b>	extreme growth 	Piaget: sensorimotor (birth to 2) [learning through senses and movement] language development 	Erikson: trust vs. mistrust (birth to 2)  Needs: safe, nurturing environment	Westerhoff: experienced faith 
<b>Age 3 to 8</b>	gross motor skills → fine motor skills  brain development / muscle development	Piaget: pre-operational thought (3-6) [thinking centers on personal experience] vivid imaginations! mix of fantasy and reality 	Erikson: autonomy vs. shame (2-3) Erikson: initiative vs. guilt (3-6)	[Westerhoff: affiliative faith] 
<b>Age 9 to 12</b>	continued activity onset of puberty 	Piaget: concrete operational (7-11) [reasoning is concrete] learning cause and effect	Erikson: industry vs. inferiority (7-11) 	Westerhoff: affiliative faith
<b>Age 13 to 18</b>	growing / physical maturation 	Piaget: formal operational (11+) [abstract and logical thinking] 	Erikson: identity vs. role confusion (12-20)  Needs: acceptance and community	Westerhoff: searching faith  [into adulthood ... Westerhoff: owned faith]

# Holistic Small Group

Facilitating a Bible study

# Facilitating a holistic Bible study

## A. 4 Preparation STEPS for the facilitator (underlättare)

1. Study the text
2. Identify the Main Point
3. Develop **Learning Outcomes**
4. Write a Lesson Plan with 4 ASPECTS

1. **Community**
2. **Prayer/Worship**
3. **Nurture/Bible Study has 4 PARTS**
  1. **Hook**
  2. **Book**
  3. **Look**
  4. **Took**
4. **Service**

B. Facilitate the Bible Study

C. Evaluate

D. Small Group Dynamics management

E. Mentor future leaders

Small Group Bible Study Lesson Plan Page 1

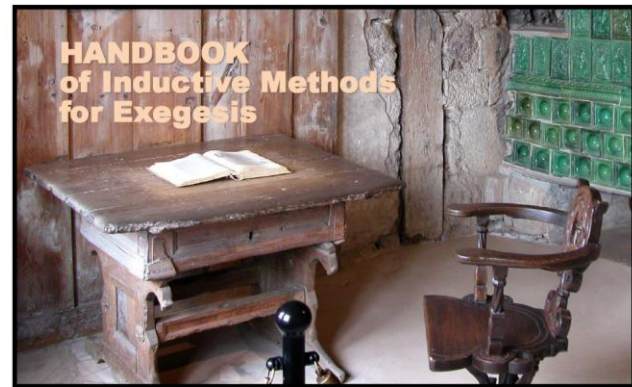
Name (Your name)	Age group / context	(children 9-11, youth 14-19, adults / in a church)
Text	Supplies/Handouts	
Date	Equipment Needed	
<b>Main Point (Step 2 sentence)</b>		
<b>Learning Outcomes</b>	As a result of this lesson, the learner will:	
Cognitive: Know		
Attitudinal: Feel		
Applicative: Do		
<b>Title / Content</b>		
1) <b>Community</b>		
2) <b>Worship</b>		
3) <b>Nurture</b>		
3a) <b>HOOK</b> (Attention getter)		
<b>Transition statement:</b>		
3b) <b>BOOK</b> (Bible observation)		
3c) <b>LOOK</b> (Bible interpretation)		
3d) <b>TOOK</b> (Application)		
<b>Prayer</b>		
4) <b>Service</b>		
<b>Assignment for next session</b>		
<b>Reading for next session</b>		



# 4 Preparation Steps:

## 1) Study the Text

- Exegetical Methods



This inductive method is an adapted summary of the methods more fully developed in: Duvall and Hays, *Grasping God's Word: A Hands-On Approach to Reading, Interpreting, and Applying the Bible*, 3<sup>rd</sup> edition. Grand Rapids: Zondervan, 2012.

Adaptation by Beth E. Elness-Hanson  
Revised 07 Aug 2022

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Image: by Jörg Bloppel. Deutsch: 27.09.2004 99817 Eisenach. Die Wartburg wurde um 1067 von Ludwig dem Springer gegründet. Hier im Bild die Lutherstube in der Vogler (GMP: 50.998180, 10.306530). 1521/22 hielt sich der Reformator Martin Luther (1473-1553) als "Junker Jörg" hier versteckt und übersetzte während dieser Zeit das Neue Testament der Bibel. [https://commons.wikimedia.org/wiki/File:20040927310DR\\_Eisenach\\_Wartburg\\_Vogler\\_Lutherstube.jpg](https://commons.wikimedia.org/wiki/File:20040927310DR_Eisenach_Wartburg_Vogler_Lutherstube.jpg) Creative Commons Attribution-Share Alike 4.0 International license.

# 4 Preparation Steps:

## 2) Identify the Main Point

**Example of Main Point:** (Mark 2:1-12)

- In the context of the author demonstrating the **authority** of Jesus, the **healing of the paralytic** account reveals two central aspects of Jesus' public ministry which manifest the **reign/kingdom of God**—
  - physical wholeness and
  - spiritual wholenessseen in walking (healing) and the forgiveness of sin respectively.
- (This is Step #9 in Exegetical Methods Handbook)

# 4 Preparation Steps:

## 3) Develop Learning Outcomes from Main Point

<b>Main Point:</b>	
<b>As a result of this lesson, the learner will:</b>	
<b>Cognitive:</b> <b>Know</b>	
<b>Affective:</b> <b>Feel</b>	
<b>Behavioral:</b> <b>Do</b>	



# Learning Outcomes are developed from the Main Point: Example 2

- John 8:31-32 Then Jesus said to the Jews who had believed in him, “If you continue in my word, you are truly my disciples; and you will know the truth, and the truth will make you free.”

**Main Point:** Disciples of Jesus study and live out Scripture, which results in knowing the truth that sets one free.

**As a result of this lesson, the learner will:**

<b>Cognitive:</b> <b>Know</b>	Disciples of Jesus study and live out Scripture, which results in knowing the truth that sets one free.
<b>Affective:</b> <b>Feel</b>	Desire to grow in understanding of Jesus’ teachings Desire to be free in Christ
<b>Behavioral:</b> <b>Do</b>	Develop appropriate goals to study Scripture, such as: <ul style="list-style-type: none"><li>• Regular Bible study together</li><li>• Regular Bible reading</li><li>• Memorize 1 Scripture verse a week</li></ul>

# 4 Preparation Steps:

4) Write a **Lesson Plan** that implements your learning outcomes

Beth's Small Group Bible Study lesson plan has 4 ASPECTS:

1. **Community:**  
fun, fellowship, food!
2. **Nurture/Bible Study**
3. **Prayer/Worship**
4. **Service**  
(perhaps once a month or every other month)

Small Group Bible Study Lesson Plan Page 1

+	Name (Your name)	Age group / context	(children 9-11, youth 14-19, adults / in a church)
	Text	Supplies/Handouts	
	Date	Equipment Needed	
Main Point (Step 9 sentence)			
Learning Outcomes		As a result of this lesson, the learner will:	
Cognitive: Know			
Attitudinal: Feel			
Applicative: Do			
Time	Content		
	1) Community		
	2) Worship		
	3) Nurture		
	3a) HOOK (Attention getter)		
	Transition statement:		
	3b) BOOK (Bible observation)		
	3c) LOOK (Bible interpretation)		
	3d) TOOK (Application)		
	Prayer		
	4) Service		
	Assignment for next session		
	Reading for next session		

# 4 Preparation Steps:

4) Write a **Lesson Plan** that implements your learning outcomes

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(perhaps once a month or every other month)

Small Group Bible Study Lesson Plan Page 1

+	Name (Your name)	Age group / context	(children 9-11, youth 14-19, adults / in a church)
	Text	Supplies/Handouts	
	Date	Equipment Needed	
	Main Point (Step 9 sentence)		
	Learning Outcomes	As a result of this lesson, the learner will:	
	Cognitive: Know		
	Attitudinal: Feel		
	Applicative: Do		
Time	Content		
	1) Community		
	2) Worship		
	3) Nurture		
	3a) HOOK (Attention getter)		
	Transition statement:		
	3b) BOOK (Bible observation)		
	3c) LOOK (Bible interpretation)		
	3d) TOOK (Application)		
	Prayer		
	4) Service		
	Assignment for next session		
	Reading for next session		

# Beth's Lesson Plan

1. ~~Community:~~  
**fun, fellowship, food!**
2. ~~Nurture/Bible Study~~
  - Hook
  - Book
  - Look
  - Took
3. ~~Prayer/Worship~~
4. ~~Service~~  
**(perhaps once a month or every other month)**

Small Group Bible Study Lesson Plan Page 1

+	Name (Your name)	Age group / context	(children 9-11, youth 14-19, adults / in a church)
	Text	Supplies/Handouts	
	Date	Equipment Needed	
Main Point			
<del>(Step 0 sentence)</del>			
Learning Outcomes		As a result of this lesson, the learner will:	
Cognitive: Know			
Attitudinal: Feel			
Applicative: Do			
Time	Content		
	1) <b>Community</b>		
	2) <b>Worship</b>		
	3) <b>Nurture</b>		
	3a) <b>HOOK</b> (Attention getter)		
	<del>Traditional statement:</del>		
	3b) <b>BOOK</b> (Bible observation)		
	3c) <b>LOOK</b> (Bible interpretation)		
	3d) <b>TOOK</b> (Application)		
	Prayer		
	4) <b>Service</b>		
	Assignment for next session		
	Reading for next session		

Modified InterVarsity Christian Fellowship model

Your Lesson Plan can be longer than 1 page.

# Lesson Plan Tips 1

- Exegetical Main Point Developed into Cognitive (KNOW) Learning Outcome
  - **HOOK, BOOK, TOOK** is developed from the Cognitive (KNOW) Learning Outcome
- Focus on the main point of the TEXT, the TRANSFERABLE PRINCIPLE grounded in the TEXT'S meaning for the original audience
  - **NOT** “The OT is relevant for today.”
  - **NOT** “We can see Jesus in every OT text.”
  - **AVOID** using the OT only as a pointer to the NT/Jesus

HOOK



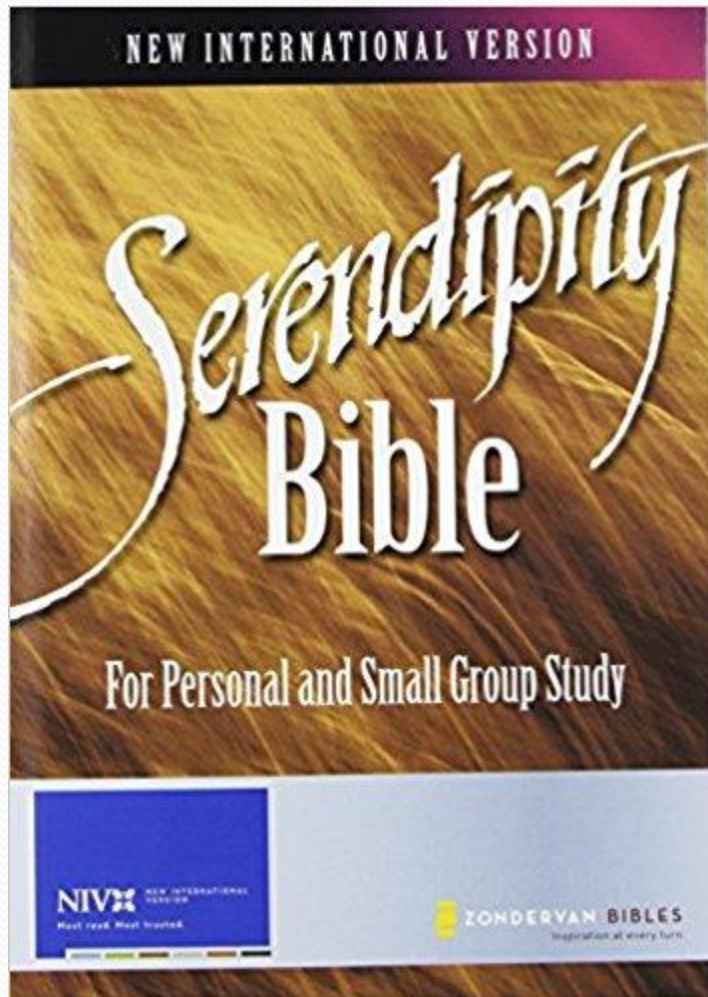
# 4 PARTS of a Bible study

- **Hook:** Catching attention and engaging learners in the importance of the main message of the text



- **Book:** Reading and making discoveries within the text (ENGAGE the participants!)
- **Look:** Analyzing the discoveries and interpreting the text
- **Took:** Application of the text for today's context

# A “Hook” Resource



talked and discussed these things with each other, Jesus himself came up and walked along with them; <sup>16</sup>but they were kept from recognizing him.

<sup>17</sup>He asked them, “What are you discussing together as you walk along?”

They stood still, their faces downcast. <sup>18</sup>One of them, named Cleopas, asked him, “Are you only a visitor to Jerusalem and do not know the things that have happened there in these days?”


<sup>19</sup>“What things?” he asked.


“About Jesus of Nazareth,” they replied. “He was a prophet, powerful in word and deed before God and all the people. <sup>20</sup>The chief priests and our rulers handed him over to be sentenced to death, and they crucified him; <sup>21</sup>but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place. <sup>22</sup>In addition, some of our women amazed us. They went to the tomb early this morning <sup>23</sup>but didn’t find his body. They came and told us that they had seen a vision of angels, who said he was alive. <sup>24</sup>Then some of our companions went to the tomb and found it just as the women had said, but him they did not see.”

<sup>25</sup>He said to them, “How foolish you are, and how slow of heart to believe all that the prophets have spoken! <sup>26</sup>Did not the Christ<sup>a</sup> have to suffer these things and then enter his glory?” <sup>27</sup>And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself.

<sup>28</sup>As they approached the village to which they were going, Jesus acted as if he were going farther. <sup>29</sup>But they urged him strongly,

<sup>a26</sup> Or Messiah; also in verse 46

 1. What are the two disciples talking about as they walk (see vv. 19–24)? What tones of voice do you hear? What hopes are dashed? What plans might they be making? How do they react to the “stranger”? 2. From your knowledge of OT prophecy, what passages might “the stranger” have discussed with them in verses 25–27 (see list in Introduction to Hosea)? Why did Jesus do a roundabout Bible study rather than just reveal his identity immediately and directly? 3. Why did Jesus act as if he was going further? 4. What has happened to the other disciples that has caused them to change their minds from verse 11? Why a special appearance to Peter?

 1. Where is your “Road to Emmaus”—the place where Jesus surprised you recently? What happened? Did you urge him to stay (v. 29)? Why or why not? 2. How well do you think you can explain the life, death and resurrection of Jesus Christ, and the way a person can have a relationship with him? Try rehearsing or role playing



## Luke 24:13–35

For Lite Study

### ON THE ROAD TO EMMAUS

It is right after the Resurrection, but these two followers of Jesus are still sad and confused. See how Jesus comes alongside them and lets them talk about their disappointment and shattered dreams, then gives them great healing and hope.

#### Optional Ice-Breaker Questions:

- When you’re really down, do you want to be alone or with others?
- When did you last experience a broken dream or a broken heart?

1. What do you think caused these men to leave Jerusalem?
  - fear—They feared for their lives.
  - disillusionment—They thought they lost their political liberator.
  - overload—Jesus’ suffering and crucifixion had wiped them out.
  - loneliness—They wanted to get back home.
  - despair—They lost their hope along with their spiritual leader.
  - other: \_\_\_\_\_

2. Why didn’t they recognize Jesus when he joined them?
  - They were preoccupied.
  - They were depressed.
  - They couldn’t recognize Jesus in his resurrected body.
  - God kept them from recognizing him.
  - other: \_\_\_\_\_

3. What opened their eyes?
  - a sudden burst of insight
  - Jesus breaking bread
  - the Holy Spirit
  - putting two and two together
  - other: \_\_\_\_\_

4. What helps you recognize Jesus alongside you when you are down?
  - spending time alone with God
  - talking with someone who cares
  - reading Scripture
  - taking Communion
  - focusing on worship
  - fellowshiping with others
  - other: \_\_\_\_\_

5. If Jesus were to walk for a few miles with you today, what would you talk to him about?
  - the struggles I am going through
  - my family
  - my job
  - I don’t know.
  - other: \_\_\_\_\_

6. What does the resurrected Jesus need to change in your life?
  - my spiritual vision
  - my unbelief
  - my discouragement
  - my loneliness
  - other: \_\_\_\_\_


7. How would you describe your “walk” with Christ right now?
  - up and down
  - growing
  - very close
  - slipping
  - exciting
  - other: \_\_\_\_\_


8. How can the group pray for you?


# Warning!

- Serendipity needs a prepared facilitator to avoid long stories and various personal opinions to be the “authority.”
- The text should be the “authority.”

this in your group. Who could you communicate these truths with today?

 What favorite slogan or pep talk do you recall from your mentors (parents, a coach, music teacher, etc.)? How were you treated when you blew it?

 1. How is “Peace be with you” a good summary of the Gospel? 2. Why are the disciples having such difficulty believing: (a) Not using their eyes? (b) Not enough evidence? (c) Not enough faith? (d) Too much excitement? Why was it necessary for them to see that Jesus was not a ghost? 3. What interpretation from Jesus helps them to believe? 4. What task does he give them? With what promise? How must they have felt? 5. Why do the disciples react so differently when Jesus is taken away now (vv. 50–53; compare when he was taken away by the Crucifixion, v. 46)?

 1. Why is it important to you that Jesus’ mission was anticipated far beforehand in the Old Testament? 2. How would you live differently if Jesus was not currently reigning in heaven, but was only another noble martyr? 3. In light of your circumstances, where is the mission field Jesus has sent you? Who are some of the people you can witness to by your life? By your words? Who are the disciples in your life who encourage your service to Christ? 4. How do you respond to his mission for you: (a) Let’s get going! (b) I couldn’t possibly do that! (c) He didn’t mean me? (d) I’m scared, but I’ll trust him? Why? 5. What has been the high point for you in this study of Luke?

“Stay with us, for it is nearly evening; the day is almost over.” So he went in to stay with them.

<sup>30</sup>When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. <sup>31</sup>Then their eyes were opened and they recognized him, and he disappeared from their sight. <sup>32</sup>They asked each other, “Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?”

<sup>33</sup>They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together <sup>34</sup>and saying, “It is true! The Lord has risen and has appeared to Simon.”

<sup>35</sup>Then the two told what had happened on the way, and how Jesus was recognized by them when he broke the bread.

## *Jesus Appears to the Disciples*

<sup>36</sup>While they were still talking about this, Jesus himself stood among them and said to them, “Peace be with you.”

<sup>37</sup>They were startled and frightened, thinking they saw a ghost. <sup>38</sup>He said to them, “Why are you troubled, and why do doubts rise in your minds? <sup>39</sup>Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have.”

<sup>40</sup>When he had said this, he showed them his hands and feet. <sup>41</sup>And while they still did not believe it because of joy and amazement, he asked them, “Do you have anything here to eat?” <sup>42</sup>They gave him a piece of broiled fish, <sup>43</sup>and he took it and ate it in their presence.

<sup>44</sup>He said to them, “This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the Prophets and the Psalms.”

<sup>45</sup>Then he opened their minds so they could understand the Scriptures. <sup>46</sup>He told them, “This is what is written: The Christ will suffer and rise from the dead on the third day, <sup>47</sup>and repentance and forgiveness of sins will be preached in his name to all nations, beginning at Jerusalem. <sup>48</sup>You are witnesses of these things. <sup>49</sup>I am going to send you what my Father has promised; but stay in the city until you have been clothed with power from on high.”

## *The Ascension*

<sup>50</sup>When he had led them out to the vicinity of Bethany, he lifted up his hands and blessed them. <sup>51</sup>While he was blessing them, he left them and was taken up into heaven. <sup>52</sup>Then they worshiped him and returned to Jerusalem with great joy. <sup>53</sup>And they stayed continually at the temple, praising God.

# 4 steps in facilitating Bible study

- **Hook:** Catching attention and engaging learners in the importance of the main message of the text



## • Transition statement

- **Book:** Reading and making discovering within the text
- **Look:** Analyzing the discoveries and interpreting the text
- **Took:** Application of the text for today's context



# Psalm 1

Week/Session	Session #	Supplies/Handouts	Psalm 1 NIV/NRSV
Day, Date		Equipment Needed	

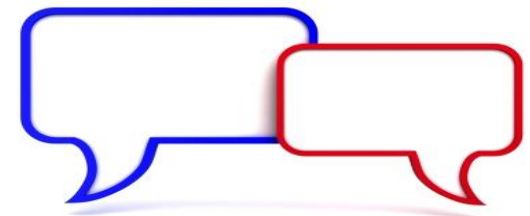
	As a result of this lesson, the learner will:
<b>Cognitive:</b> Know	Delighting in God's instruction (Torah) results in blessings in contrast to the ways of the wicked.
<b>Attitudinal:</b> Feel	Want to be like a tree planted by streams of water—nurtured and sustained by God's instruction.
<b>Applicative:</b> Apply	Identify three ways they can more intentionally meditate on God's instruction.

Time	Content
	1) Community
	2) Worship
	3) Nurture & Prayer
	<b>HOOK</b> (Attention getter) Q. Can money make you truly happy? "No Satisfaction: Why what you have is never enough." By Jonathan Clements.

## Can money make you happy?



Why or why not?  
With a partner, discuss this question.





# Psalm 1

<b>Week/Session</b>	<b>Session #</b>	<b>Supplies/Handouts</b>	<b>Psalm 1 NIV/NRSV</b>
<b>Day, Date</b>		<b>Equipment Needed</b>	

	As a result of this lesson, the learner will:
<b>Cognitive: Know</b>	Delighting in God's instruction (Torah) results in blessings in contrast to the ways of the wicked.
<b>Attitudinal: Feel</b>	Want to be like a tree planted by streams of water—nurtured and sustained by God's instruction.
<b>Applicative: Apply</b>	Identify three ways they can more intentionally meditate on God's instruction.

<b>Time</b>	<b>Content</b>
	1) Community
	2) Worship
	3) Nurture & Prayer
	<b>HOOK</b> (Attention getter) Q. Can money make you truly happy? "No Satisfaction: Why what you have is never enough." By Jonathan Clements.
	<b>Transition statement:</b> True happiness is not found in loads of money, but the psalmist in Psalm 1 teaches us where happiness can be found.

# “No Satisfaction:

## Why what you have is never enough.”

- According to research by Jonathan Clements in the *Wall Street Journal*
- Americans are **no happier** than they were 30 years ago!
  - Note research **prior to economic crisis**, partially fueled by people living beyond their means!
- **Because, once you reach basic sustenance, money doesn't have much effect on happiness!**
- **What does?**  
The psalmist in Psalm 1 has something to say.

# 4 steps in facilitating Bible study

- **Hook:** Catching attention and engaging learners in the importance of the main message of the text



- **Transition statement:**

- **Book:** Reading and making discoveries within the text
- **Look:** Analyzing the discoveries and interpreting the text
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BOOK

# Book Tips




- Engage the text!
- Identify key aspects that support your **main point** that are in the **text**.
- Provide a handout to mark up, perhaps colored pencils!
- Give a few instructions for observations that you saw on your structural diagram.
  - Command verbs, contrasts, many names of God, accusations, remedies, consequences
  - Similar to the things I have you do when engaging a text!
- Have a couple extra tasks for the fast workers!

# Psalm 1 (TNIV) adapted

- 1 Blessed are those  
    who do not follow the advice of the wicked,  
    or take the path that sinners tread,  
    or sit in the seat of scoffers;
- 2 but their delight is in the *instruction* [*torah*] of the LORD,  
    and on his *instruction* [*torah*] they meditate day and night.
- 3 They are like trees  
    planted by streams of water,  
    which yield their fruit in its season,  
    and their leaves do not wither.  
    In all that they do, they prosper.
- 4 The wicked are not so,  
    but are like chaff that the wind drives away.
- 5 Therefore the wicked will not stand in the judgment,  
    nor sinners in the congregation of the righteous;
- 6 for the LORD watches over the way of the righteous,  
    but the way of the wicked will perish.



# On your handout...

1. Underline the descriptions of the blessed one.
2. Look closely at the verbs in verse 1.
3. Put a dashed line under the descriptions of the wicked ones.
4. Identify the sections or themes by drawing a bracket. }
5. Identify the contrasts with an arrow. 
6. Identify the main verse.

# Psalm 1 (NIV) [adapted]

Righteous

<sup>1</sup> Blessed is the man  
 who does not (1) **walk** in the counsel of the wicked  
 or (2) **stand** in the **way** of sinners  
 or (3) **sit** in the seat of mockers.

<sup>2</sup> **But** his delight is in the law [Torah] of the LORD,  
 and on his law [Torah] he meditates day and night.

<sup>3</sup> He is like a **tree** planted by streams of water,  
 which yields its fruit in season  
 and whose leaf does not wither.

Whatever he does prospers.

Contrast!

Wicked

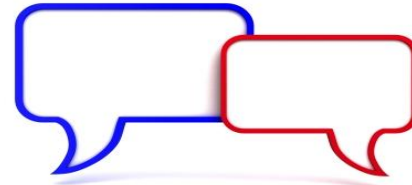
<sup>4</sup> Not so the wicked!  
 They are like **chaff**  
 that the wind blows away.

<sup>5</sup> **Therefore** the wicked will not stand in the judgment,  
 nor sinners in the assembly of the righteous.

<sup>6</sup> **For** the LORD watches over the **way** of the righteous,  
 but the **way** of the wicked will perish.

Summary

## In Psalm 1:1



1. Look at the **first word** in the different translations.
2. With your conversation partner, discuss the different meanings.

### Psalm 1

#### NIV

#### New International Version

<sup>1</sup> Blessed is the man  
 who does not walk in the counsel of  
 the wicked  
 or stand in the way of sinners  
 or sit in the seat of mockers.  
<sup>2</sup> But his delight is in the law of the LORD,  
 and on his law he meditates day and  
 night.

#### NRSV

#### New Revised Standard Version

<sup>1</sup> Happy are those  
 who do not follow the advice of the  
 wicked,  
 or take the path that sinners tread,  
 or sit in the seat of scoffers;  
<sup>2</sup> but their delight is in the law of the LORD,  
 and on his law they meditate day and  
 night.

#### JPS

#### Jewish Publication Society

<sup>1</sup> Happy is the man  
 who has not followed the counsel of the  
 wicked  
 or taken the path of sinners,  
 or joined the company of the insolent;  
<sup>2</sup> rather, the teaching of the LORD is his  
 delight,  
 and he studies that teaching day and night.

# Psalm 1:1

Happy	Blessed
NRSV	NIV NASB KJV ESV TNIV



## אֲשֶׁרִי, “happiness, blessedness of”

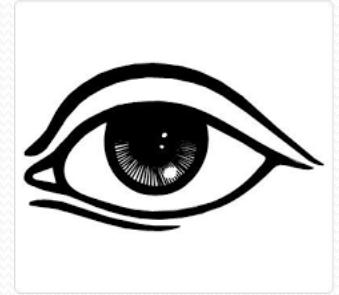
- 26 times in the Psalter
- 37 / 44 occurrences in the OT translated as blessed in ESV.
- “This word is closely related in meaning to the word בָּרַךְ, “bless.”
- Beatitudes (Mt 5:3) “Blessed are the...” in all of the above versions.



LOOK

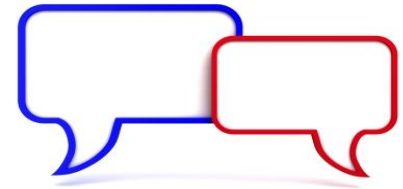


# Look Tips



- Reflect on the engagement of the text!
- Prepare questions that focus on your **main point!**
- Ask open ended, not yes or no questions.
- Have a couple extra questions to bring the learners back to the text, in case someone goes off on a tangent!

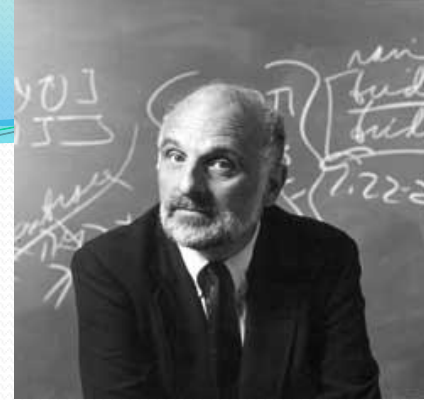
## More Discussion



- **When would you want to hear Psalm 1?  
In what life circumstances would it  
bring most comfort?**
- **In what kind of circumstances would  
you want to teach this?**

# LOOK

## Discussion of Brueggemann



- “The Psalms of orientation were created, transmitted, valued, and relied upon by a community of faithful people... Such a happy settlement of life’s issues occurs because God is known to be reliable and trustworthy” (16).
- “These same Psalms provide a point of reference even for those who share in none of the present ‘goodies,’ but who cling in hope to the conviction that God’s good intention for creation will finally triumph and there will be an equity and Sabbath for all God’s creatures” (21).
- Which paragraph do you relate to more today? Why?

TOOK

# Took Tips



- This is the DO portion of your **learning outcomes**. Make these hold together.
- Reflect on the **main point!**
- Bring that point into a contemporary context.
- Share openly, but safely.
- If you have an activity, make sure it is tied into your main point!
- With youth, children, it might be good to have a material reminder (token) to take away.

# Psalm 1: Took

- Discuss with a partner:

**What are 3 ways you can more intentionally meditate on God's instruction?**

HOOK



# Hook Presentation



- **Develop a Main Point**  
(Exegetical Step #9 if using Beth's handbook)
  - **HOOK** is developed from the Cognitive (KNOW) Learning Outcome
  - 2-3 of you will be nominated to present their HOOK.

# Hook Presentation



- **Engage the participants: Active learning is stronger than passive learning (hearing only)**
- **Do not make a 5-minute Bible study of your text.**
- **Avoid BOOK parts: Do not read the text. (That will be part of your “Book” part.)**
- **Prepare, but do not read a prepared speech.**
- **5-minute presentation MAX**
  - 1 minute bell warning

# Joshua 1:1-9 (ESV)

After the death of Moses the servant of the LORD, the LORD said to Joshua the son of Nun, Moses' assistant, <sup>2</sup> "Moses my servant is dead. Now therefore arise, go over this Jordan, you and all this people, into the land that I am giving to them, to the people of Israel. <sup>3</sup> Every place that the sole of your foot will tread upon I have given to you, just as I promised to Moses. <sup>4</sup> From the wilderness and this Lebanon as far as the great river, the river Euphrates, all the land of the Hittites to the Great Sea toward the going down of the sun shall be your territory. <sup>5</sup> No man shall be able to stand before you all the days of your life. Just as I was with Moses, so I will be with you. I will not leave you or forsake you. <sup>6</sup> Be strong and courageous, for you shall cause this people to inherit the land that I swore to their fathers to give them. <sup>7</sup> Only be strong and very courageous, being careful to do according to all the law that Moses my servant commanded you. Do not turn from it to the right hand or to the left, that you may have good success wherever you go. <sup>8</sup> This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. <sup>9</sup> Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go."